

Vol/Comm Mental Health and Connected Groups in Doncaster 2018

	Organisation	Main Contact	Phone	Email / website	Area of Work	A-Code
1.	Age UK		01302 812345		Services to support older people to live well	SI
2.	Alzheimer's Society	Shaun Wright	01709 580543	shaun.wright@alzheimers.org.uk	Activities for people suffering Alzheimer's, Dementia, Memory issues	SI
3.	Artistic Spectrum	Emma Wilson		emma@artistic-spectrum.org	Using art as therapy for Autistic people	PTI
4.	Aspire		01302 730956		Drug and alcohol support service	PTI
5.	Autism Plus		01143 840284		Supporting Autistic adults, people with learning difficulties and mental illnesses	A
6.	B:friend	Mike Niles	07523 698530	www.facebook.com/bfrienders	Befriending in Doncaster	SI
7.	Big Ambitions		01302 874963	enquiries@bigambitions.org.uk	Vocational support for people with mental health difficulties	VS
8.	Changing Lives	Carmel Harold	01302 309800		Primarily Women's Services eg BME, DV survivors, well-being work	WB
9.	Children's Sleep Charity	Vicki Dawson	07852 951165	vicki@thechildrenssleepcharity.org.uk	Supporting parents with sleep loss to develop healthy sleep patterns in children	T
10.	Clouds Community Counselling Service	Anne-Marie Helgeson Kevin Westwood	07962 907053		Charity counselling in Thorne, Moorends, Dunscroft, Hatfield and Stainforth	PTI
11.	Cloverleaf Advocacy	Francine Evans	01724 854952		Free mental health advocacy. FROM OCTOBER 2018 THIS WILL BE PART OF VOICEABILITY'S PROVISION	A
12.	Citizen's Advice		03444 994137		Financial management advice	A
13.	Creative Support	Louise Martin	01302 342173	louisa.martin@creativesupport.org.uk	mental health floating support for mentally ill people around housing	H
14.	DIAL	Matthew Bond	01302 327800	advice@dialdoncaster.co.uk	Advice and support for disabled people	A
15.	DICE	Colin Finley	07878 094127	dicedoncaster@aol.com	Events to reduce social isolation in disabled people	SI
16.	Domestic Abuse Service	Andrea Parkinson	01302883599	andrea.parkinson@riverside.org.uk	Support for victims of DV	CM
17.	Doncaster Alcohol Services	Callum Dixon	01302 730956	callum.dixon1@nhs.net	psychosocial interventions for substance misuse	PTI
18.	Doncaster Carers	Julie Garbutt	01302 637566	jgarbutt@doncastercarers.org.uk	Counselling, Support, Advocacy for carers	PTI
19.	Don College	Diane Lawson	01302 554216	counselling.service@don.ac.uk	Counselling for students and staff	PTI
20.	DRASACS	Kevin Hill	01302 341572	khill@drasacs.org.uk	Counselling for adults and children who are survivors of sexual trauma M, T, Th & F 9am – 4pm W 9am – 1pm	PTI
21.	Friends of The Mac Gallery	Maggie McAndrews	07522 006166	maggiemcandrews23@gmail.com	Complementary Therapies (one to one & group sessions) to unpaid carers and cared for to reduce stress help relax and unwind	PTI
22.	Healing Our Way	Charlotte Clayton Hannah Harris	07444 608986	healingourway@gmail.com	Training professionals to improve work with survivors of sexual abuse	T
23.	LGBTQ Youth Group	Steve Tudberry	07795 302911	Lgbtquenquiries@doncaster.gov.uk	Peer support and activities for LGBTQ+ young people	WB
24.	Live Inclusive	Karen Smith	01302 592400	karen@liveinclusive.co.uk	Individual and peer support for people with disabilities & mental health problems to live independently	WB
25.	MIND Doncaster	Jane Perry	01302 812190	jane@doncastermind.org.uk	Group and 1 to 1 support, training and housing for people with mental health difficulties/illnesses	PTI T H
26.	Open Minds Counselling	Helen Mason	01302 344192	openminds@counsellingdoncaster.com	Talking therapies for children and adults on any issue	PTI
27.	Relate	Sally Wilcock	01302 347474	Sally.wilcock@relate.org.uk	Relationship and family therapies	PTI
28.	Rethink Doncaster	Barbara Bailey	08088 010442	barbara.bailey@rethink.org	Crisis accommodation for suicidal people, Crisis helpline, In-reach & out-reach support	CM PTI H
29.	Rethink Doncaster Creative Art & Well-being	Maggie McAndrews Pauline	07522 006166	maggiemcandrews23@gmail.com	Creative & Complementary Therapy aimed at mild - moderate mental health & well-being	PTI
30.	Samaritans		01302 327474		Crisis helpline	CM
31.	Social Prescribing	Mandy Willis	01302 730401	m.willis@syha.co.uk	Primary care referrals only. Providing service to refer people for support to access and navigate third sector and statutory agencies	WB
32.	St. Vincent de Paul Society	Mandy Nasey	07587 035122	https://www.svp.org.uk/	Reducing isolation via home visits, practical support eg shopping, transport to Drs	SI
33.	Street Reach	Marilyn Haughton	01302 328396	streetreach@doncaster.gov.uk	Support for sex workers	A
34.	Trans-mission		07946 072565	transmissiondoncaster@doncasterpride.co.uk	support through Pride for people who are trans Wed 16 May, 20 June, 18 July, 15 Aug	PG
35.	DARTS	Lucy Robertshaw	01302 341662	lucy@thepoint.org.uk	Using art to improve mental health, well-being	WB
36.	PfG	Kelly Hicks/Glyn Butcher	01302 618507	kellypfg@gmail.com	Peer Support for mentally ill people	PG
37.	SAHA The Foyer	Katie Leavers	01302 764800	Katie.leavers@saha.org.uk	Supported housing for ages 16 – 24	H
38.	Victim Support		03003 031976		Support for victims of crime and abuse	CM
39.	Voiceability	Shell Arliss	01302 319052	shell.arliss@voiceability.org	Advocacy for people with learning, physical or sensory disabilities, mental health illnesses, brain injury and dementia	A
40.	YMCA		01302 342148	http://ymcadoncaster.org.uk/	Supported housing	H

Key to primary Activity Code (A-Code)

Advocacy / Advice	A	Peer Support	PS
Crisis Management	CM	Professional Led Therapeutic Interventions	PTI
Housing	H	Social Isolation	SI
Other Well-being focussed work	WB	Training	T
Peer Support	PS	Vocational Support	VS